



YMCA Level 3 Diploma in Teaching Yoga

600/1227/4

This is to certify that

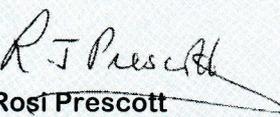
Helen Butcher

achieved the above qualification on 25/07/2019, following a programme of study at

YMCA Fitness Industry Training

The following components were completed:

Title	Level	Credit(s)	UN
Anatomy and Physiology for Exercise and Health	3	6	A/600/9051
Principles of Exercise, Fitness and Health	2	4	A/600/9017
Know How To Support Clients Who Take Part in Exercise and Physical Activity	2	2	M/600/9015
Health, Safety and Welfare in a Fitness Environment	2	2	T/600/9016
Delivering a Yoga Session	3	9	D/503/0318
Programming a Yoga Session	3	8	H/503/0319
The Philosophy and Fundamentals of Yoga	3	9	Y/503/0317


Rosi Prescott
 Group Chief Executive, Central YMCA



Learner Number: 443242
 Validation Number: 00232909-01-KNDR

Certificate Number: 424749



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